

# THE AMBER FLAG

**PROMOTING POSITIVE MENTAL HEALTH**

Over a three-week period, the Year Two SPHE group in Angela's room led an Amber Flag Initiative focused on anti-bullying awareness and positive peer role modelling.

This project formed part of their CBA1 wellbeing work and supported the school's ongoing commitment to promoting a caring, inclusive environment for all learners.

## Key Aims

- Encouraged empathy, respect, and kindness in daily interactions.
- Built confidence through creative and peer-led activities.
- Celebrated the positive culture already present in St. Augustine's School.

## What Happened

- Amber Flag posters and positivity walls appeared around the school.
- Surveys were emailed by students to both fellow students and staff.
- Students created kindness pledges, art, and short wellbeing campaigns.

Everyone's support and encouragement made all the difference — every kind word and acknowledgement from students and staff helped reinforce the values we aimed to nurture.